

THE FOUR DIRECTIONS/STYLES ARE:

NORTH – BUFFALO – WHITE – WINTER: These are people who like to take control of a task and quickly work through it toward the goal. Full of courage and endurance, they take risks and are good motivators of others. North people may become autocratic and unaware of others feelings, pushing them beyond their limits.

EAST – EAGLE – YELLOW – SPRING: These are people of creativity and innovation, visionaries with new ideas. They are expansive thinkers, easily able to see the big picture. East people may lose track of the practical steps toward a vision, ignoring the details of follow through.

SOUTH – DEER or MOUSE – GREEN – SUMMER: These are people known to be collaborative and supportive. They are trusting, careful of others feelings and concerned with creating positive work environments. South people may mire themselves in interpersonal relationships, losing track of the task at hand while they busy themselves “saving” others.

WEST – BEAR – BROWN – AUTUMN: These are people who are analytical, methodical and introspective. They are careful and pragmatic, basing their decisions on data and logic. West people may fall prey to “analysis paralysis,” and be unable to make decisions. They may be stubborn and unwilling to accept new ideas.

While we tend to feel most comfortable living in a particular style, it is possible to learn to travel around the Wheel, using elements/skills of the other directions as we grow or as situations demand.

